



WOMEN ON THE WATER/WOMAN AT THE HELM REGATTA

Saturday and Sunday, August 21 - 22, 2021
Marina del Rey, California USA

SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is the Women's Sailing Association of Santa Monica Bay in conjunction with the Association of Santa Monica Bay Yacht Clubs (ASMBYC). | Web: wsasmb.org

Regatta co-hosts: ASMBYC and these member clubs: Pacific Mariners Yacht Club, Santa Monica Windjammers Yacht Club, Del Rey Yacht Club, California Yacht Club, and the Women's Sailing Association of Santa Monica Bay.

Regatta Chair: Avgghi Constantinides avgghi@icloud.com. (310) 503-3227

The notation '[DP]' in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

The event is governed by the rules as defined in [The Racing Rules of Sailing](#) (RRS).

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions (SIs) will be posted before 0930 on the day it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the Official Notice Board which is the [WOW/WAH](#) webpage.

3.2 On the water, the Race Committee (RC) intends to monitor and communicate with competitors on VHF radio channel 68. Failure of the RC to broadcast, mistaken broadcasts, or failure of a competitor to receive this information will not be grounds for a request for redress. This change is added to RRS 62.1(a).

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn, and posted on the Official Notice Board.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in RRS Race Signals AP.

5. SCHEDULE OF RACES

5.1 Five (5) races are scheduled for WOW and WAH Performance: three (3) on Saturday and two (2) on Sunday. Three (3) races are scheduled for WAH Cruising: two (2) on Saturday and one (1) on Sunday. The RC, at its discretion, may run fewer races.

5.2 The scheduled time of the first warning signal each day is 1200. Subsequent races will start as soon as practicable.

5.3 Code Flag A displayed, with no sound, while boats are finishing means "No more racing today". When displayed with a class flag(s), it applies only to that class(es).

6. CLASSES / CLASS FLAGS / ORDER OF STARTS

Classes and class flags with the order of starts for the first race will be posted on the Official Notice Board no later than 1900 on Friday, August 20. The order of starts may change following the first race.

7. RACING AREA

The racing area will be on Santa Monica Bay. The starting area will be located approximately 0.75 nm nautical mile west of the Marina del Rey breakwater.

8. MARKS

Marks are described in Attachment A for W/L courses, and in Attachment B for RL courses.

9. COURSES

9.1 WOW and WAH Performance may sail either windward/leeward (W/L) or random leg (RL) courses.

9.2 WAH Cruising will sail RL courses.

9.3 Courses are described in Attachment A for W/L courses and in Attachment B for RL courses.

10. THE START

10.1 To alert boats that a race or sequence of races will begin soon, multiple sound signals will be made approximately one (1) minute before the warning signal for the first class, with one (1) minute between any consecutive starting sequences unless otherwise hailed by the RC as provided in SI 3.2.

10.2 The starting line is between the course side of Mark SP and the staff displaying an orange and white checkered flag on the port side of the RC signal boat (see SI Addendums A and B).

10.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will attempt to hail her sail number as provided in SI 3.2. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This change is added to RRS 62.1(a).

10.4 A boat that does not start within five (5) minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This change is added to RRS A5.1.

10.5 Boats whose warning signal has not been made shall keep clear of the starting area during the starting sequence for other races.

11. CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced with the original mark.

12. THE FINISH

12.1 The finishing line is between Mark F and the staff displaying an orange and white checkered flag on the starboard side of the RC signal boat (see SI Addendums A and B).

12.2 Competitors should be aware that other classes might be starting while they are finishing, and that RRS 23.1 prohibits boats not racing from interfering with boats that are racing.

13. PENALTY SYSTEM

US Sailing Prescriptions Appendix V, Section V1, Penalty at the Time of an Incident, and Section V2, Post-Race Penalties, apply.

14. HEARING REQUESTS

14.1 The protest time limit each day is sixty (60) minutes after the RC signal boat docks on that day. This time will be posted at the *Protest Time Limit and Hearing Schedule* link located on the [WOW/WAH](#) webpage no later than fifteen (15) minutes after the RC signal boat docks. Protest forms will be available from the Chief Judge.

14.2 RRS 62.2, Redress is modified as follows:

(a) The second sentence of RRS 62.2 is replaced with: "If the request is based on an incident in the racing area, it shall be filed within the protest time limit for that day."

(b) A notice of boats scored per RRS A5.1 each day will be posted at the *View Starting Penalties* link located on the [WOW/WAH](#) webpage no later than fifteen (15) minutes after the RC signal boat docks on that day. The deadline for a request for redress based on these scores is the protest time limit for that day.

(c) The time limit for a request for redress based on a scoring inquiry is 30 minutes after the results of the scoring inquiry have been posted.

14.3 Protests shall be filed with the Chief Judge at Pacific Mariners Yacht Club on Saturday and at Santa Monica Windjammers on Sunday.

14.4 Notices will be posted no later than fifteen (15) minutes after the protest time limit each day at the *Protest Time Limit and Hearing Schedule* link located on the [WOW/WAH](#) webpage to inform competitors of hearings in which they are parties. Hearings will be heard as soon as possible at Pacific Mariners Yacht Club on Saturday and at Santa Monica Windjammers Yacht Club on Sunday.

14.5 US Sailing Prescriptions to RRS 63.1 and 63.2 do not apply.

15. SCORING

15.1 Preliminary results will be posted on the [WOW/WAH](#) webpage as soon as possible after racing each day.

15.2 Competitors shall notify the RC of any scoring errors using the Submit Scoring Inquiry link on the [WOW/WAH](#) webpage.

15.3 The deadline to file a scoring inquiry is the protest time limit or thirty (30) minutes after the preliminary results have been posted for that day, whichever is later.

16. [DP] SAFETY REGULATIONS

A boat that retires from a race prior to finishing or does not intend to start a scheduled race shall notify the RC either before leaving the racing area or as soon as possible after arriving ashore.

17. PRIZES

There will be an awards ceremony at Santa Monica Windjammers Yacht Club after racing on Sunday.

18. RISK STATEMENT

Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. By participating in the event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for the event) from any and all liability associated with such competitor's participation in the event to the fullest extent permitted by law.



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ADDENDUM A: Windward/Leeward (W/L) Courses WOW and WAH Performance Divisions

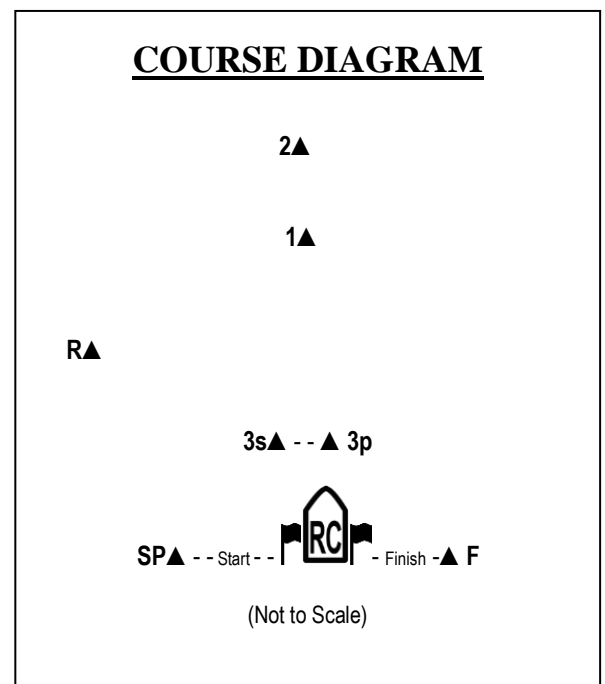
SI 8. MARKS (continued)

- 8.1 Marks 1 and 2 will be either yellow or orange inflatable shapes whose color shall be signaled per SI 8.2. Marks 2 and R may or may not be in the water, depending on the course(s) to be sailed.
- 8.2 The color of Marks 1 and 2 will be indicated by either an orange or yellow pennant displayed with the course numeral pennant.
- 8.3 New windward marks, as provided in SI 11, will be the alternate color to the one signaled at the start.
- 8.4 Marks 3s/3p will be yellow inflatable shapes.
- 8.5 Mark SP will be an orange inflatable shape.
- 8.6 Mark F will be an orange inflatable shape.
- 8.7 Mark R, if used, will be an orange inflatable shape.

SI 9. COURSES (continued)

- 9.1 Marks 1 and 2, and R (if used), shall be rounded to port.
- 9.2 Mark 3s/3p is a gate. In the event only one leeward mark is on station, that mark shall be rounded to port.
- 9.3 The starting line will be approx. 0.1 nautical miles to leeward of Mark 3s/3p.
- 9.4 No later than the warning signal for each class, the RC signal boat will display the approximate magnetic bearing and distance from Mark 3s/3p to the first weather mark with numeral placards.
- 9.5 No later than the warning signal for each class, the RC signal boat will signal the course with numeral pennants as shown below:

| Numeral Pennant | Courses |
|--|--|
| Windward / Leeward | |
| 1 | Start – 1 – 3s/3p – 1 – Finish |
| 2 | Start – 1 – 3s/3p – 1 – 3s/3p – 1 – Finish |
| 3 | Start – 2 – 3s/3p – 2 – Finish |
| 4 | Start – 2 – 3s/3p – 2 – 3s/3p – 2 – Finish |
| 5 | Start – 2 – 3s/3p – 1 – Finish |
| Windward / Leeward with Reaching Legs | |
| 6 | Start – 1 – R – Finish |
| 7 | Start – 1 – R – 3s/3p – 1 – Finish |
| 8 | Start – 1 – R – 3s/3p – 1 – R – Finish |





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ADDENDUM B: Random Leg (RL) Courses All Divisions

SI 8. MARKS (continued)

- 8.1 Mark SP (the pin-end of the starting line) will be an orange inflatable shape located approximately 0.75 nm, bearing 270°M from the north entrance to MdR.
- 8.2 Mark 2ES is a red navigation buoy whose location is on Marina del Rey Course Chart 17 (CC17), attached.
- 8.3 MdR marks DD, EE, A, B, D, E, V, S, H, and SS are yellow spar buoys of varying height and diameter whose locations are on CC17.
- 8.4 Any missing marks may be replaced by an inflatable mark.

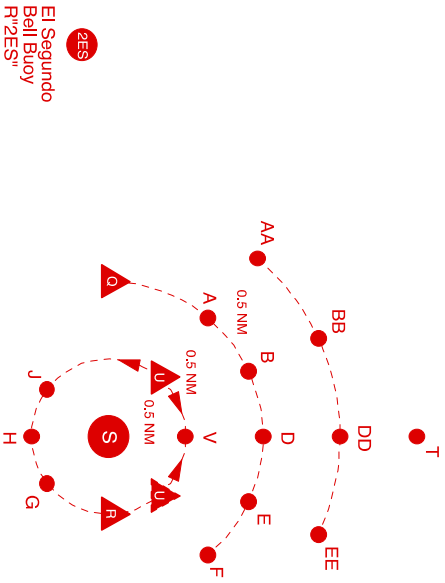
SI 9. COURSES (continued)

- 9.1 Marks shall be rounded to port unless '(s)' appears after the mark name, which indicates that it shall be rounded to starboard.
- 9.2 No later than the warning signal for each class, the RC signal boat will use letter pennants to signal one of the courses shown below:

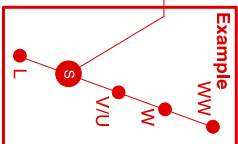
| Letter | Courses | Handicap Distance |
|--------|--|-------------------|
| D | Start – S(s) – B – A – V(s) – Finish | 4.5 nm |
| E | Start – S(s) – B – H – V(s) – Finish | 5.5 nm |
| F | Start – S(s) – E – B – H – V(s) – Finish | 6.3 nm |
| G | Start – S(s) – E – DD – A – H – V(s) – Finish | 7.3 nm |
| H | Start – S(s) – E – DD – 2ES – SS – V(s) – Finish | 13.0 nm |

Marina del Rey Course Chart 17

Date: 1/28/16
 File name: Course Chart 17.0.wxw



Course rotates around 'S' Mark depending on wind direction-



Course Instructions

Start and finish in the vicinity of **S** mark.

Leave all rounding marks to **PORT**.

WW, **W**, **V** and **U** are weather marks.

L and **S** are leeward marks.

Courses will be signaled by code flags or number placards:

Number pennant(s) or placards for the course number:

A letter flag or placard for the **DIRECTION** to the first mark (see compass bearing table on other side).

Mark Identification Table

| | | | | | | | | | | |
|--------------------|----|---|----|----|---|---|---|---|---|---|
| If letter flag is: | D | A | B | E | F | Q | G | H | J | R |
| then WW is | DD | AA | BB | EE | - | - | - | - | - | - |
| W is | D | A | B | E | F | Q | G | H | J | R |
| U is | V | midway between S and W if set | | | | | | | | |
| L is | H | G | G | J | J | R | B | D | E | Q |

Upwind Finishes

| No | Course | Distance |
|----|---------------------------|----------|
| 1 | Start-U-L-Finish | 2NM |
| 2 | Start-U-S-U-L-Finish | 3NM |
| 3 | Start-U-S-U-L-Finish | 4NM |
| 4 | Start-W-L-Finish | 3NM |
| 5 | Start-W-S-U-L-Finish | 4NM |
| 6 | Start-W-S-U-L-Finish | 5NM |
| 7 | Start-W-S-U-S-U-L-Finish | 5NM |
| 8 | Start-W-L-W-L-Finish | 6NM |
| 9 | Start-W-S-W-S-U-L-Finish | 6NM |
| 10 | Start-W-S-W-S-U-L-Finish | 7NM |
| 11 | Start-W-S-W-L-W-L-Finish | 8NM |
| 12 | Start-WW-S-W-L-Finish | 6NM |
| 13 | Start-WW-S-WW-L-Finish | 7NM |
| 14 | Start-WW-L-WW-L-Finish | 8NM |
| 15 | Start-WW-S-W-S-W-L-Finish | 8NM |

Downwind Finishes

| No | Course | Distance |
|----|--------------------------|----------|
| 20 | Start-U-Finish | 1NM |
| 21 | Start-U-S-U-Finish | 2NM |
| 22 | Start-U-S-U-S-U-Finish | 3NM |
| 23 | Start-W-Finish | 2NM |
| 24 | Start-W-S-U-Finish | 3NM |
| 25 | Start-W-S-U-W-Finish | 4NM |
| 26 | Start-W-S-U-S-U-Finish | 4NM |
| 27 | Start-W-L-W-Finish | 5NM |
| 28 | Start-W-S-U-S-U-Finish | 5NM |
| 29 | Start-W-S-W-S-U-Finish | 6NM |
| 30 | Start-W-S-W-L-W-Finish | 7NM |
| 31 | Start-W-L-W-L-W-Finish | 8NM |
| 32 | Start-WW-S-W-Finish | 5NM |
| 33 | Start-WW-S-WW-Finish | 6NM |
| 34 | Start-WW-L-W-Finish | 6NM |
| 35 | Start-WW-S-W-S-W-Finish | 7NM |
| 36 | Start-WW-S-WW-S-W-Finish | 8NM |

Special Courses

| | |
|-----|--------------------------|
| 40+ | See Sailing Instructions |
|-----|--------------------------|

Marina del Rey Course Chart 17

Date: 1/28/16
File name: Course Chart 17.0.vwx

TO ——— Approximate magnetic course between marks ———>

| | A | AA | B | BB | D | DD | E | EE | F | G | H | J | Q | R | S | T | V | SS | 2ES | SM1 | |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| S | 185 | 185 | 210 | 210 | 235 | 235 | 260 | 260 | 260 | 260 | 018 | 055 | 092 | 145 | 325 | - | 235 | 235 | 055 | 138 | 331 |
| A | - | 185 | 288 | 245 | 300 | 277 | 313 | 298 | 325 | 009 | 021 | 031 | 075 | 352 | 005 | 264 | 338 | 030 | 119 | 339 | |
| AA | 005 | - | 330 | 288 | 323 | 300 | 327 | 313 | 335 | 008 | 017 | 023 | 046 | 355 | 005 | 283 | 347 | 025 | 107 | 342 | |
| B | 108 | 150 | - | 210 | 312 | 270 | 325 | 302 | 337 | 026 | 038 | 050 | 088 | 009 | 030 | 256 | 009 | 042 | 117 | 344 | |
| BB | 065 | 108 | 030 | - | 355 | 312 | 348 | 325 | 352 | 027 | 036 | 044 | 070 | 015 | 030 | 280 | 019 | 040 | 107 | 349 | |
| D | 120 | 143 | 132 | 175 | - | 235 | 338 | 295 | 350 | 043 | 055 | 067 | 100 | 028 | 055 | 235 | 055 | 055 | 119 | 348 | |
| DD | 097 | 120 | 090 | 132 | 055 | - | 020 | 338 | 013 | 046 | 055 | 064 | 089 | 057 | 055 | 235 | 055 | 055 | 112 | 355 | |
| E | 133 | 147 | 145 | 168 | 158 | 200 | - | 260 | 002 | 060 | 072 | 084 | 113 | 050 | 080 | 214 | 101 | 068 | 124 | 349 | |
| EE | 118 | 133 | 122 | 145 | 115 | 158 | 080 | - | 045 | 066 | 074 | 083 | 105 | 061 | 080 | 190 | 092 | 070 | 118 | 359 | |
| F | 145 | 155 | 157 | 172 | 170 | 193 | 182 | 225 | - | 079 | 089 | 101 | 125 | 077 | 105 | 206 | 135 | 080 | 129 | 347 | |
| G | 189 | 188 | 206 | 207 | 223 | 226 | 240 | 246 | 259 | - | 127 | 145 | 162 | 262 | 198 | 228 | 217 | 082 | 146 | 323 | |
| H | 201 | 197 | 218 | 216 | 235 | 235 | 252 | 254 | 269 | 307 | - | 163 | 172 | 260 | 235 | 235 | 055 | 148 | 321 | | |
| J | 211 | 203 | 230 | 224 | 247 | 244 | 264 | 263 | 281 | 325 | 343 | - | 175 | 298 | 272 | 242 | 254 | 028 | 146 | 324 | |
| Q | 255 | 226 | 268 | 250 | 280 | 269 | 293 | 285 | 305 | 342 | 352 | 355 | - | 325 | 325 | 262 | 299 | 010 | 133 | 329 | |
| R | 172 | 175 | 189 | 195 | 208 | 217 | 230 | 241 | 257 | 082 | 100 | 118 | 145 | - | 145 | 221 | 190 | 082 | 139 | 332 | |
| T | 084 | 103 | 076 | 100 | 055 | 055 | 034 | 010 | 026 | 048 | 055 | 062 | 082 | 041 | 055 | - | 055 | 055 | 105 | 002 | |
| V | 156 | 167 | 189 | 199 | 235 | 235 | 281 | 272 | 315 | 037 | 055 | 074 | 119 | 010 | 055 | 235 | - | 055 | 128 | 340 | |
| SS | 210 | 205 | 222 | 220 | 235 | 235 | 248 | 250 | 260 | 262 | 235 | 208 | 190 | 262 | 235 | 235 | - | 158 | 312 | | |
| 2ES | 299 | 287 | 297 | 287 | 299 | 292 | 304 | 298 | 309 | 326 | 328 | 326 | 313 | 319 | 318 | 285 | 308 | 338 | - | 324 | |
| SM1 | 159 | 162 | 164 | 169 | 168 | 175 | 169 | 179 | 167 | 143 | 141 | 144 | 149 | 152 | 151 | 182 | 160 | 132 | 144 | - | |

Mark Locations

| Mark | Latitude | Longitude |
|------|---------------|----------------|
| A | 33° 56.243' N | 118° 29.606' W |
| AA | 33° 55.770' N | 118° 29.799' W |
| B | 33° 56.467' N | 118° 30.050' W |
| BB | 33° 56.107' N | 118° 30.466' W |
| D | 33° 56.827' N | 118° 30.337' W |
| DD | 33° 56.647' N | 118° 30.899' W |
| E | 33° 57.254' N | 118° 30.417' W |
| EE | 33° 57.288' N | 118° 31.017' W |
| F | 33° 57.669' N | 118° 30.270' W |
| G | 33° 57.611' N | 118° 28.898' W |
| H | 33° 57.367' N | 118° 28.655' W |
| J | 33° 57.051' N | 118° 28.637' W |
| Q | 33° 56.257' N | 118° 28.779' W |
| R | 33° 57.652' N | 118° 29.434' W |
| S | 33° 57.187' N | 118° 29.216' W |
| T | 33° 56.464' N | 118° 31.459' W |
| V | 33° 57.007' N | 118° 29.777' W |
| SS | 33° 57.547' N | 118° 28.093' W |
| 2ES | 33° 54.698' N | 118° 27.563' W |
| SM1 | 34° 00.176' N | 118° 30.226' W |

Please note: These are the designated locations for the marks; every effort is made to keep them as close as possible to the above coordinates, but there is no guarantee as to their actual positions.
Marks listed above with the exception of 2ES are owned and maintained by the Yacht Clubs in MDR and may only be used with prior approval from the Buoy Coordinator.

Description of Marks

A, AA, B, BB, V, D, DD, T, E, EE, F, G, H, J and SS marks are yellow spars.
Q, R, U, and SM1 are inflatable or flag marks that may be set by the race committee.
2ES is the El Segundo bell buoy.
Missing marks may be replaced by inflatable or flag marks.

Handicap Distances

The handicap distance from S to:
U, V, R, G, H, or J = 0.5 NM
A, B, D, E, F, Q or SS = 1.0 NM
AA, BB, DD or EE = 1.5 NM
T = 2.0 NM