

**YOUTH SAILORS**  
**SAILING INSTRUCTIONS**  
**AUGUST 5 AND 6, 2023**

**1. RULES**

- 1.1. The CPYC Regatta to benefit Make-A-Wish will be governed by the *rules* as defined in the *Racing Rules of Sailing, 2021 – 2022*.
- 1.2. The rules of Club 420, Optimist, Feva , Laser and N-10 classes will apply.
- 1.3. By participating in this regatta, a competitor grants to the organizing authority and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

**2. DISCIPLINE**

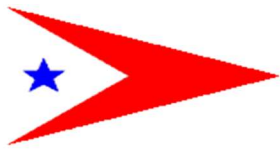
- 2.1 **Per** US SAILING Regulation 5.03 no contestant shall use, either on or off the water, during any USSAILING sanctioned event: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S: IRC Code and intended for beverage use). This regulation is in effect from date and time of arrival through date and time of departure from the locale. The penalty shall be that the contestant, after a proper hearing, be immediately removed from the regatta venue and, where practical, sent home.
- 2.2 **All** competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any competitor that believes that another competitor may have committed a breach of a rule, good manners, or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.
- 2.3 Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, and the Protest Committee.

3. **NOTICE TO COMPETITORS** – Notice to Competitors will be posted on the Official Notice Board located in the ballroom of CPYC. They may also be posted at [www.cpyc.org](http://www.cpyc.org) under CPYC Regatta to Benefit Make-A-Wish.

4. **CHANGES TO THE SAILING INSTRUCTIONS** – Will be posted on the Official Notice Board before 9am. on the day it will take effect.

**5. SCHEDULE OF RACES AND EVENTS –**

<b>FRIDAY, AUGUST 4</b>	6:00 pm	Boat drop off begins
	7:00 pm	Check in, Late Registration
<b>SATURDAY, AUGUST 5</b>	8:00 am	Check In, LateRegistration
		YS boats rigged and ready before the Skippers Meeting
	9:00 am	Skipper's Meeting – Mandatory for all skippers



**COTTAGE PARK YACHT CLUB**  
**REGATTA TO BENEFIT MAKE-A-WISH**



10:00 am	YS First Race for Youth Sailors
3:45 pm	No races to start
4:00 pm	Snacks on Pier
6:00 pm	Dinner

<b>SUNDAY AUGUST 6</b>	9:00 am	YS Boats Rigged and ready to go
	10:00 am	YS First Race of the Day
		No races will start after 2:30 PM
	After Racing	Pier Party/Awards

6. **CLASS FLAGS** All competitors will fly the appropriate designated ribbon given to them at check-in, tied to the grommet as high as possible.

7. **BOATS/COURSE**

7.1 Optimists (Green, and Championship Fleets.), Club 420's (Championship White and Green Fleets), and N-10 (Championship-White and Green Fleets) will be sailed. Five boats shall constitute a class, subject to revision at the organizer's discretion.

7.2. 420 Green Fleet is a beginner racing division, first year racing a 420 with limited races last season. 420 Green is a non-spinnaker fleet. For Optimist Green, a skipper must not have previously won more than two first, second or third place trophies, must not have previously raced in the Red, White or Blue Fleets (unless no Green Fleet was available). The N-10 Green is a beginner racing division and no spinnakers may be flown. The N-10's will be sailed double handed

7.3. Competitors shall bring their own boats, dollies and tow boat.

7.4. Each competitor will be responsible for his or her boat being in compliance with the class rules. The class rules will be used, except that RRS 60.1(a) is changed to prohibit a boat from protesting another boat for an alleged breach of a class rule requiring class membership or imposing a weight limit.

7.5. All youth courses will be on the inside line, in Winthrop waters between Winthrop and Logan Airport.

7.6 All boats are required to check in with the signal boat before the start of the first race. A retiring boat is required to inform the race committee.

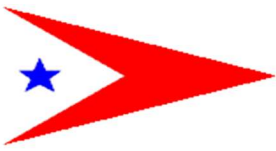
8. **MARKS** – The color and shape of the marks will be announced at the skippers meeting

9. **THE START** – The order of start and the start timing sequence for each fleet will be announced at the skippers meeting and posted on the official Notice Board. All boats not starting must keep clear of the starting area and boats in the countdown.

9. **PENALTIES** – As this is a charity event, protests are discouraged. RRS 44.2 will apply. There will be a one turn penalty for hitting a mark and a one turn penalty for competitor infraction.

10. **PROTESTS** –

10.1 A competitor intending to protest shall inform the skipper or crew of the protested boat at the first reasonable opportunity. If the protest concerns an incident in the racing area in which a competitor is involved or that a competitor sees, shall hail "Protest" at the first reasonable opportunity for each party. In addition, a competitor intending to file a protest shall inform the race committee signal boat immediately after finishing of the intention to protest. Protests shall be written, and forms are available at the regatta desk and must be filed with one hour after the race committee boats docks.



**10.2** Protests will be heard in order received and decisions will be posted on the official regatta board.

**11. ARBITRATION** – Appendix T of the RRS will apply.

**12. SCORING** – The Low-Point Scoring System, Appendix A of the RRS will apply. As many races as possible will be scheduled, of which one shall be completed to constitute a series. If six or more races are sailed, a boat's worst score shall be discarded.

**13. SAFETY** - A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while on the pier, launching and when sailing. Failure to comply with this rule can result in disqualification as deemed appropriate by the protest committee. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, shall notify a regatta official immediately after arrival ashore. All coaches and support personnel on the water are strongly encouraged to wear PFDs.

**14. COACHES AND SUPPORT BOATS** - Coaches are asked to register at the event and must attend the skipper's meeting. All coach and support boats are requested to aid any competitor in distress or requesting assistance of any sort.

**15. PRIZES** – Make-A-Wish trophies will be awarded to competitors placing first through third in all divisions

**16. FURTHER INFORMATION**

Contact Janine Stanton, CPYC, One Baker Square, Winthrop, MA 02152, [maw@cpyc.org](mailto:maw@cpyc.org) and check the web site for further information, [www.cpyc.org](http://www.cpyc.org)

Dinners for the CPYC Regatta to Benefit Make-A-Wish are available at \$30 per person. Please make a reservation at [www.regattaman.com](http://www.regattaman.com)

**Host Club:**

Cottage Park Yacht Club  
76 Orlando Avenue  
Winthrop, MA 02152  
617-846-2792 / 617-846-9801  
617-846-9362 (Fax)  
[cpycmanager@cpyc.org](mailto:cpycmanager@cpyc.org)  
[www.cpyc.org](http://www.cpyc.org)

**Youth Coordinator Contact**

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76 Orlando Ave  
Winthrop, MA 02152  
[barry@barrylawton.com](mailto:barry@barrylawton.com)