



**SAILING INSTRUCTIONS  
2023 N10 Open  
August 8th and 9th 2023  
Winthrop Yacht Club**

**1. RULES**

1.1. The 2023 N-10 Open Regatta will be governed by the *rules* as defined in the *Racing Rules of Sailing, 2021 – 2024*. The rules of the N-10 class will also apply.

1.3. By participating in this regatta, a competitor grants to the organizing authority, the Winthrop Yacht Club and the National Ten Association, the right to make, use and show, from time to time at their discretion, any photographs, motion pictures, and live, taped, videoed, or filmed and other productions of him or her without compensation.

**2. NOTICES TO COMPETITORS**

2.1. Will be posted on the bulletin board in Centennial Hall.

**3. CHANGES TO SAIL INSTRUCTIONS**

Changes to the Sailing Instructions will be posted on the bulletin board in the ballroom by 9:00a on the day it will take effect.

**4. SIGNALS MADE ASHORE**

4.1. Signals made ashore will be displayed on the flagpole yardarm.

4.2 When an AP flag (postponement flag) is displayed ashore, the warning signal for a race will be no less than 30 minutes after the flag is removed and one horn.

**5. SCHEDULE OF RACES:**

5.1. The warning signal for the start of the 1<sup>st</sup> race Tuesday, Aug 8th is 11:00 am

5.2. The warning signal for the start of the 1<sup>st</sup> race Wednesday Aug 9th is 11:00 am

5.3 On the last day of racing, no warning signal will be given after 3:00 pm

## **7. RACING AREA:**

7.1. Racing will be in the westerly waters of Winthrop Bay between Deer Island and Logan Airport.

## **8. COURSES**

8.1. Courses will be Windward/leeward (3 legs), or Triangle (4 legs).  
See attached Diagrams Below.

8.2. The course will be posted on the side of the committee boat: **W** for windward/leeward, or **T** for triangle.

8.3. The Signal Boat will be in the middle of the course.

8.4. All marks will be rounded to port.

8.5. The start/finish line must be respected downwind.

## **9. MARKS**

9.1 Course marks will be dropped balls or fixed marks.

## **10. THE START**

10.1. The starting Line is between the orange flag on the signal boat and a ball or fixed mark.

10.2. The starting sequence is a three-minute dinghy start with horns, with a warning whistle before the 1<sup>st</sup> horn.

10.3. The Race committee will attempt to hail boats OCS at the start, but it is each skipper's responsibility to make a good start.

10.4. An X flag (Individual Recall Flag) will be displayed with one horn for individual premature starters.

10.5. The 1<sup>st</sup> substitute flag (General Recall Flag) will be flown with two horns for multiple premature starters.

10.6. Rule 30.1, the I flag (one-minute rule) may be in effect (e.g., after a general recall.)

## **11. CHANGE OF COURSE**

11.1 Courses may be changed or shortened by flying the C or S flag at any mark and notifying the sailors.

## **12. THE FINISH**

12.1. The finish is between an orange flag on the Signal Boat and a ball or fixed mark, unless the race was finished at the previous mark.

12.2. Boats at the back of the fleet may be assigned a finish place and returned to the starting line.

12.2. Sailing staff are encouraged to coach and assist sailors at the back of the fleet.

### **13. PENALTY SYSTEM**

13.1 The penalties are as follows: 1 turn for hitting a mark; 2 turns for fouling a competitor.

### **14. PROTESTS**

14.1. A protesting boat must hail the competitor they are protesting.

14.2. The Race Committee needs to be notified of intent to protest after each race.

14.3. A protested boat must inform the race committee of any corrective action taken following an infraction.

14.4. Written protest must be posted and filed within 30 minutes of the time the race committee signals boat docking at the club.

### **15. SCORING**

15.1 The Low-Point Scoring System, Appendix A of the RRS will apply.

15.2 One race shall be completed to constitute a series. If six or more races are completed, a boat's worst score shall be discarded.

### **16. SAFETY REGULATIONS**

16.1 Boats are required to check in at the Signal Boat before the first race.

16.2. If leaving the racecourse, sailors must notify the race committee that they are leaving the racecourse.

16.3. USCG certified PFDs are required.

### **17. Prizes**

17.1 Trophies will be awarded for the top five finishers, skipper and crew in each fleet.

### **18. DISCLAIMER**

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

**HAVE FUN AND ENJOY THE REGATTA!**

**COURSE DIAGRAMS**

**WINDWARD/LEEWARD**

**TRIANGLE**

**W**

**T**

