



2019 SAILING INSTRUCTIONS- CRUISING CLASS SERIES

1 RULES

Races will be governed by the rules as defined in The Racing Rules of Sailing.

2 NOTICES TO COMPETITORS

- 2.1 Notices will be posted on the NEH Fleet Notice Board inside the front door at the Fleet House. All Notices will also be posted on the [NEHF](#) web sites.
- 2.2 The Race Committee shall also communicate with competitors on VHF CH 65.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions shall be made prior to 1000 on the day of a race. Any change in the schedule of races shall be made prior to 1800 on the day before it will take effect.

4 SIGNALS MADE ASHORE

On the day of a race, cancellations, postponements and changes to the starting area will be announced on VHF channel 65 between 1200 & 1210. Unless notified, all races will be started on schedule.

5 SCHEDULE OF RACES

The schedule of races shall be as set forth in the Fleet Racing Schedule posted on the [NEH Fleet calendar pages](#).

6 RACE AREAS

- 6.1 Racing will be conducted in the waters of the Great Harbor, the Western Way, the Eastern Way, Somes Sound, and the waters surrounding Mount Desert Island.
- 6.2 Races will normally start in area south of Greening Island unless notice is given otherwise on VHF 65.

6 COURSES

Courses will be displayed on a rack located on the Race Committee Signal Boat prior to the Warning signal, with the first mark to be rounded on top. Marks shall be rounded to port, unless the letter "S", indicating "Round this specific mark to Starboard" is placed beside the mark letter. Courses may include turns around islands and shoals as well as government marks and/or NEH Fleet marks. See [Mark Descriptions for Racing](#).

7 MARKS

Marks of the course may be Northeast Harbor Fleet letter designated buoys (white drum/orange top), portable yellow or orange tetrahedrons, government navigational buoys, a portable pole buoy, inflatable buoys, islands, or combinations thereof. The description of Marks and a [Race Chart](#) may also be found at the Northeast Harbor Fleet web site.

8 GOVERNMENT BUOYS AND AREAS THAT ARE OBSTRUCTIONS

All government navigational buoys except those shown as racing marks E, I, P, Q, and R must be observed unless they are posted as rounding marks of the course. EVERY PORSCHE IS REALLY QUICK

9 THE START

- 9.1 Races for the Cruising Class will be started using RRS 26 with an attention tone made one minute prior to the 5 minute warning signal. The warning signal will be a yellow signal flag.
- 9.2 The starting line will be between the Race Committee Signal Boat mast displaying an orange flag and the course side of the port-end starting mark.
- 9.3 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 9.4 All boats shall check in with the RC prior to the warning signal by hailing boat name and helmsperson for each of the day's races. Check in may be made by VHF CH65.

10 CHANGE OF COURSE

A change of course will be signaled by a Race Committee boat before the first boat begins the next leg of the course. The new course may be displayed by the RC or broadcast on VHF CH 65.

11 THE FINISH

The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the course side of the nearby finishing mark.

12 PENALTY SYSTEM

US Sailing Appendix T *Arbitration* and US Sailing Appendix V *Alternative Penalties* shall apply.

13 TIME LIMITS

- 13.1 The time limit for the first boat to sail the course and finish shall be 3 hours from the starting signal.
- 13.2 Boats failing to finish within 45 minutes after the first boat sails the course and finishes shall be scored Did not Finish without a hearing. This changes RRS 35, A4 and A5.

14 PROTESTS

- 14.1 Protest forms are available from the RC at The Northeast Harbor Fleet House, or online.
- 14.2 The protest time limit is 30 minutes after the RC boat docks or is on its mooring.
- 14.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Parties will be notified by email as well. Arbitration hearings and protest hearings will be held as soon as possible at the Northeast Harbor Fleet House or a place mutually agreeable by parties.

15 SCORING

- 15.1 The Low Point System of Appendix A will apply.
When fewer than three races have been completed, a boat's series score will be the total of her race scores. When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.2 A boat that did not start, retired after finishing or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the race. This changes RRS A4.2
- 15.3 A boat that started but did not finish and is not being protested shall be scored one point more than the number of boats which finished. Modifies RRS A9.

16 REQUIRED SAFETY EQUIPMENT

- 16.1 Appropriate safety equipment meeting USCG requirements.

- 16.2 All competitors are required to carry on board a means of retrieval for a person overboard.
- 16.3 Only the Race Committee may initiate a protest for violation of SI 16.2

17 SAFETY EQUIPMENT TO BE WORN

All personnel under the age of 18 and all personnel who are sailing with two or fewer people on board shall wear a Type III or Type V PFD while racing.

18 RADIO COMMUNICATIONS

- 18.1 All competitors must monitor US VHF CH 65 while racing or in the racing area.
- 18.2 Boats are advised that any RC radio communications are unofficial and are made either for race management purposes or as a courtesy to the competitors. As such, the race committee's use, or lack thereof, of radio communications shall not be grounds for redress.

19 PRIZES

Championship and perpetual prizes will be awarded at the Northeast Harbor Annual Meeting on Saturday, August 24.