

RACE to the COAST
Southern Yacht Club

APPENDIX A—SAFETY EQUIPMENT

In addition to USCG required safety equipment, the following equipment is recommended:

A1 MONOHULLS

Marine Compass	Navigational charts and devices for safe piloting
Soft wood plugs	Two buckets, each one gallon minimum capacity
Anchor and rode	Two gallons emergency water
Water resistant flashlight	Minimum of two fire extinguishers
VHF radio	Cell phone with charger or spare batteries
Navigation Lights	USCG approved PFD's with whistle for each crew member
One manual bilge pump	Horseshoe type life ring with pole and self-activating light, or Man Overboard Module
First Aid kit and manual	
Tools and spare parts	USCG required distress signals

A2 MULTIHULLS

Multihulls are subject to the requirements of the *GYA-MC Safety Recommendations* for Category 2 events. The Category 2 equipment requirements are excerpted and modified below:

Marine Compass	Righting Line at least 8 mm in diameter - beach cats
Adequate drinking water	Navigational charts and devices for safe piloting
Adequate food, energy bars, and snacks to maintain crew stamina	Tools and spare parts including a knife for each crewmember
First Aid kit	VHF radio receiver (2 suggested) rated submersible and floats
GPS - rated submersible	Water resistant flashlights with spare batteries
Cell phone or satellite phone (sealed)	One hand held flare and PLB for each crewmember
EPIRB or Personal Locator Beacon	Tether for each crewmember *

*** Tether specific recommendation:**

Each crewmember shall have a tether that attaches them to the boat while sailing including while on the trapeze. These tethers shall have quick disconnect hardware that can be operated with one hand to release the tether from the crew's trapeze harness or dedicated harness.