

SailMaine Festival and Regatta
August 11-12, 2023

SailMaine
58 Fore Street
Portland, Maine

SAILING INSTRUCTIONS (SIs)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024*.
- 1.2 Under RRS 87, rules of the Etchells class rules are changed as follows: Electronic devices for navigation purposes are allowed.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by VHF radio.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on Regattaman.
- 3.2 On the water, the race committee intends to monitor and communicate with the competitors on VHF radio channel **78**. The Junior OD/inner line fleet will use verbal communications rather than VHF.
- 3.3 While racing, except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the mast at SailMaine.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than **60** minutes" in the race signal AP.

6 SCHEDULE

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| 6.1 | Date | Activity |
| | August 11 | 1730 hrs. Check-in at Portland Yacht Services |
| | | 1800 hrs. Skippers Meeting at Portland Yacht Services |
| | August 12 | 1030 hrs. Race participants gather at Mark E, C"9", west of Great Diamond Island for the Parade of Sail |

1100 hrs Parade and Windward Exhibit begin
 1230 hrs. First signal for racing
 1730 hrs. Reception and awards at Portland Yacht Services
 100 W Commercial Street, Portland—Near the Casco
 Bay Bridge

6.2 The scheduled time of the warning signal for the first race is 1230.

6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.4 For contributions to count towards your PHRF rating adjustment they must be received by Thursday August 10 at 1200. This changes the timing from the NOR. The top fundraising teams and individuals will be determined by contributions received prior to 1700 on Saturday August 12th.

7 CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Class Code</i>	<i>Class Flag</i>
PHRF Racing 1	R1	Letter A on a White field
PHRF Racing 2	R2	Letter B on a Blue field
Etchells	ET	Etchells logo on a white field
J/24	J24	J/24 logo on a contrasting color
J/22	J22	Code flag T
PHRF Cruising 1	C1	Letter C on a red field
PHRF Cruising 2	C2	Letter D on a green field

8 RACING AREAS

8.1 The starting area will be west of Fort Gorges.

9 THE COURSES

9.1 The course diagrams will show the courses and the order in which marks are to be passed.

9.2 Courses to be used are described below, marks left to port unless labeled starboard:

Race "A" Start – OJ – CK – CS – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 14.1 nm

Race "AA" Start – OJ – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 11.2 nm

Race "B" Start – OG – CK – CS – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 11.6 nm

Race "BB" Start – OG – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 8.7 nm

Race "C" Start – CV – CK – CS – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 10.1 nm

Race "CC" Start – CV – YA (stbd) – CJ (stbd) – E – YC (stbd) – Finish 7.2 nm

Cruise "D" Start – OJ – N – CJ (stbd) – E – YC (stbd) – Finish 11.3 nm

Cruise "E" Start – OG – N – CJ (stbd) – E – YC (stbd) – Finish 8.8 nm
 Cruise "F" Start – CV – N – CJ (stbd) – E – YC (stbd) – Finish 7.3 nm
 Cruise "G" Start – CS – N – CJ (stbd) – E – YC (stbd) – Finish 6.3 nm
 Cruise "H" Start – CR – N – CJ (stbd) – E – YC (stbd) – Finish 5.4 nm

9.3 Courses may be shortened at marks CJ between C "1" and N "2" or E between N "8" and C "9".

9.4 The courses will be displayed on the course board of the starting vessel prior to the Warning Signal in the order classes will start. Class Code will be followed by the course letter to be sailed by that class or the new course marks in order of rounding. See example below.

The example may not be what is actually posted by the race committee.

Examples of Course Board located on the aft deck of the signal vessel, Lindsay Lord:

Class	Course
R1	A
R2	B
ET	CP YB F CP X
C1	D
C2	E

If weather conditions dictate, the RC may design and display new courses utilizing marks from the Joint CYC/PYC Mark List. All marks shall be passed to PORT, unless followed by a green shape on the course board, in which case, the mark shall be left to STARBOARD. The Mark List is provided in Attachment A.

9.5 Courses for the Junior OD Class/Inner line will utilize drop marks and courses are described in Attachment B along with the starting sequence for the Junior OD Class/Inner line.

10 MARKS

10.1 Marks to be used are described on the 2020 CYC-PYC Mark List Chart.

11 THE START

11.1 Races for PHRF races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal. Races for the Junior OD/Inner line will use a 3 minute starting sequence.

11.2 The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.

11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.4 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal and she is identified, the race committee will attempt to broadcast her sail number on VHF channel 78. This rule does not apply to the Junior OD/Inner line races.

Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).

- 11.5 If any part of a boat's hull, crew or equipment is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).
- 11.6 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12 THE FINISH

The finishing line will be between a staff displaying a blue flag on the signal boat at the starboard end and the course side of the port-end finishing mark.

13 PENALTY SYSTEM

- 13.1 The Scoring Penalty, RRS 44.3, will not apply.
- 13.2 For the Etchells class, Appendix V, Rule V.1 shall apply. (1-Turn Part 2 or Rule 31, 2-Turn Zone)

14 TIME LIMITS AND TARGET TIMES

14.1 The Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

<u>Classes</u>	<u>Race Time Limit</u>	<u>Finishing Window</u>
PHRF, Large OD	4 hours	60 minutes
Junior OD	1 hour	15 minutes

- 14.2 The Finishing Window is the time for the boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finishes within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 14.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

15 HEARING REQUESTS

- 15.1 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The time will be posted on the official notice board.
- 15.2 Hearing request forms are available at the SailMaine Notice Board located at the reception Room at Portland Yacht Services. Forms may also be available from the signal vessel, pick up when conditions allow.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room area at Portland Yacht Services, beginning as posted.

16 SCORING

- 16.1 The scoring system is as follows: Appendix A.
- 16.2 One race is required to be completed to constitute an event.

17 SAFETY REGULATIONS

17.1 Boats shall check in prior to the first warning signal of the days racing by sailing past the stern of the Signal Boat on starboard tack and hailing the boat name, sail number, and number of persons onboard.

17.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 PRIZES

Prizes will be given to the top three boats by corrected times in each class over 6 boats.

19 J24 Double handed Regatta Participants

The following rules apply to boats sailing in the J24 Double Handed Regatta.

Rules: These International J/24 Class Association (IJCA) series will be governed by the Racing Rules of Sailing 2021-2024 (RRS).

For the double handed regatta section C.2.1 shall be changed such that "(a) The Crew shall consist of a maximum of two people."

Eligibility and Entry:

The regatta is open to all boats in the J/24 class as defined by the IJCA.

Eligible boats shall have a measurement certificate, inventory of required and optional equipment as defined by the IJCA Rules, and Boat liability insurance, coverage minimum \$300,000.

The Helmsperson shall be a current member of the IJCA .

Scoring: RRS Appendix A Low Point System will be amended such that 25% (rounded down to the nearest whole number) of completed races of the series, of a boat's worst scores, will not be counted.

Penalty System: RRS Appendix V (Alternative Penalties) will apply. This rule changes RRS 44.1 so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

20 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees or acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

Attachments A and B:

Attachment A can be found at the link below and will be provided at the skippers meeting.

<http://www.portlandyachtclub.com/wp-content/uploads/2021/03/Race-Chart-2021.jpg>

Attachment B will be provided at the Skippers meeting.